THE CHRIST HOSPITAL FOUNDATION

GRATEFUL

Ensuring Exceptional Care For Women, Decade By Decade

Caitlyn Radjewski (pictured with her family) was first to give birth at The Christ Hospital Medical Center – Liberty Township's New Family Birthing Center

Empowering Women



Throughout Their Healthcare Journey

"One of the healthiest decisions a woman can make is to trust The Christ Hospital with all her health needs," says Dr. Leanne Olshavsky, Associate Director of Women's Health Services at The Christ Hospital. "From pregnancy and childbirth, to complex gynecological conditions and breast health, and for oncology, cardiology, primary care and orthopaedic needs, our team of expert physicians and staff has dedicated their lives to helping women achieve their optimal health in the most caring and comfortable environment possible."

The Christ Hospital has been ranked the #1 hospital in the region by U.S. News & World Report for four consecutive years. The Christ Hospital has been named one of America's 100 **Best Hospitals for Patient Experience by the Women's** Choice Award

Comprehensive Women's Health Expertise and Services



The Christ Hospital has a rich history of empowering women to make better healthcare choices. In fact, our hospital was founded in 1889 with the help of a woman, Isabella Thoburn. Isabella also took in and cared for our very first patient, a woman sick with cancer who had been turned away from the city hospital. Since then, women have continued to lead and play a critical

role in our mission to improve the health of our community and create patient value by providing exceptional outcomes and the finest experiences, all in an affordable way.

Today, The Christ Hospital provides the region's most comprehensive healthcare programs for women of all ages. Women's healthcare is more than just seeing an obstetrician or gynecologist. At The Christ Hospital,

we also enlist the expertise of our primary care physicians, cardiologists, orthopaedic surgeons, and other healthcare professionals to address the unique needs of women, decade by decade.

We are the only hospital in the region with a surgery center dedicated exclusively to women, where our world-class experts provide leadingedge, minimally invasive surgery for

Changing Lives. Uplifting Communities. The Power of Giving to Women's Health

care in areas such as such as maternity care and childbirth, breast health, and women's surgery.

Charitable donations to 6 maternity care and childbirth will support vital program needs to serve the most vulnerable population of women and babies, such as patient assistance for follow-up care, safe sleep tools, and breastfeeding support.

Charitable donations to **breast** health will help cover the cost of preventative diagnostic screenings for women at high risk of breast disease who cannot afford the cost.

Charitable donations to women's surgery will support new robotic surgical systems, expanding access to minimally invasive treatment that enables patients to recover faster, complications, and better health outcomes.

To make a donation, or to learn how you can impact women's healthcare at The Christ Hospital, contact Heather Sherwood at 513-585-0395, or Heather.Sherwood@TheChristHospital.com.

Birthing Center

gynecologic, urologic and pelvic floor conditions.

From prenatal care to labor and delivery, recovery and post-partum care, our multidisciplinary specialists in our birthing centers in Mt. Auburn and Liberty Township are committed to ensuring exceptional patient experiences and outcomes.

Our commitment to women's health extends to education, too. As the sponsor of the American Heart Association's "Go Red for Women Experience," we inspire and educate women about their cardiac health. We host quarterly educational events called, "Hey Ladies, Let's Talk About Women's Health," bringing women from the community and clinical

with less post-operative pain, fewer

Philanthropic investment in women's healthcare at The Christ Hospital will help continue and expand upon services that directly address the community's needs and change women's lives for the better, ensuring specialized

Health disparities in our region are increasing, most severely affecting women and children in underserved communities...

The infant mortality rate (number of babies who die before their first birthday) in Cincinnati is more than twice the national average. In Hamilton County, extreme preterm birth is the leading cause of infant death.

Women who do not receive routine preventative care and health screenings are twice as more likely than men to experience chronic health problems and premature death.

Uninsured and underinsured women are three times more likely to go without healthcare than those who are insured. Approximately 10% of all women in Greater Cincinnati, uninsured and insured, went without healthcare last year because of the cost.

The prevalence of medical conditions that require surgery, from common to complex, is increasing, creating a greater demand for minimally invasive treatment. Robotic surgery is the most effective and efficient minimally invasive treatment, improving healthcare experiences and enabling

patients who might otherwise be ineligible for surgery to get the treatment and care they need.

New moms at The Christ Hospital

disorders, menopause, osteoporosis and breast health. In addition, our "Let's Talk Ladies" video series features physicians who share their expertise and candid feedback about health issues that women encounter every day.



John and Connie Miller Give Generously to **Cancer And Heart Programs**

In recognition for the exceptional care they received from Dr. Robert Cody, Medical Oncologist, and Dr. Ian Sarembock, The Harold C. Schott Foundation Endowed Chair for Valve & Structural Heart, John and Connie Miller have made a generous donation to support cancer and heart care at The Christ Hospital.

"I am beyond grateful for the care I received at The Christ Hospital," says Connie. "Dr. Cody saved my life from cancer, and Dr. Sarembock has kept my heart going."

"In addition to the excellent care Connie received from both of these great doctors, we were also impressed with the new technology and research we learned about at a dinner event for the Heart Program," says John. "We hope our gift helps people dealing with cancer, and helps continue innovation in heart and cancer care at The Christ Hospital."

Residents of Covington, Kentucky, John and Connie chose The Christ Hospital based on the hospital's reputation for personalized cancer treatment and history of unparalleled heart care.

"Through their generosity, John and Connie are essentially helping us improve and save lives, providing crucial funding for innovative treatments to eliminate cancer,



and important resources to make the journey easier for patients and families," says Dr. Cody.

"We are deeply grateful to have the John and Connie's support as we continue to pioneer groundbreaking treatments, and ensure the very best heart care for our patients and families," says Dr. Sarembock.

New Targeted Treatment Helps Dina Cardinale Beat Abdominal Cancer



Dina Cardinale thought she had appendicitis when she went to see her local doctor. She was young and in good health, so she

wasn't expecting to be diagnosed with a rare form of advanced cancer.

Fortunately, Dina overcame her cancer with the aid of Hyperthermic Intraperitoneal Chemotherapy (HIPEC)—a highly-concentrated, heated chemotherapy treatment used to combat difficult-to-treat cancers that have spread to the lining of the abdominal cavity.

"Heat alone can kill cancer cells when applied, but the heated solution also allows the chemotherapy to work better. It's kind of like a one-two punch," says Dr. Rod Flynn, Surgical Oncologist who leads the HIPEC Program. "Performed at the end of cancer surgery, HIPEC eliminates floating microscopic cancer cells after visible tumors have been removed."

"Knowing that would be the most effective way, there was really no other question," says Dina. "It worked, The Christ Hospital is among only three hospitals within 100 miles offering HIPEC. The treatment is just one way we are beating cancer through precision medicine– care tailored to each person and their condition. Dr. Flynn is passionate about using HIPEC to improve the quality and longevity of life, and to bring hope to patients and families facing specific types of advanced cancer.

because here I am a year later."

Rod Flynn, M.D.

To learn more, visit www.thechristhospital.com/hipec.

Life Changing Turnaround Inspires Life Giving Donation

Chuck Thiemann did not know why he was sick, but he knew he needed help. "I was very tired and didn't have any energy. I also had no appetite which is really unusual for me — and I was depressed. All of these things got progressively worse, and I realized something was very wrong."

That is when Chuck's wife, Joanne, took him to The Christ Hospital.

Chuck had never shown any signs of heart disease, but an angiogram during his hospitalization revealed multiple blockages in his coronary arteries. As his general condition

made open heart bypass

surgery too risky, his situation was precarious. Fortunately, Dr. Robert Riley was expertly trained to perform such complex and very risky procedures. Dr. Robert Riley, along with Dr. James Kong and Dr. Joel Reginelli, leads the hospital's Complete Coronary Revascularization in Higher-Risk and Indicated Patients (CHIP) Program, which offers advanced treatments that restore blood flow in coronary arteries that become inflamed, hardened, and completely blocked.

"We are seeing significant numbers of heart patients from all over the region because our program is unique and unlike any other in the state," says Dr. Riley.

According to Chuck, the surgery has helped him feel better than he has in years. Even Dr. Riley was surprised by the change at their first follow-up

Junior League Garden Club Brings Color To Mt. Auburn Campus

Members of the Junior League Garden Club spent their time planting colorful flowers in one of the hospital's most frequented and visible outdoor spaces. Kathryn Ann Weichert, MD, retired Radiation Oncologist of the hospital and Board Member of The Christ Hospital Foundation, organized the effort along with Carolyn Fovel, community volunteer.

"We are grateful to Ann, Carolyn, and the Junior League Garden Club for their generous donation of seasonal flowers along with their time to plant the garden. Each year they make this outdoor space a warm, welcoming, and healing environment for our patients, visitors and staff," says Rick Kammerer, President of The Christ Hospital Foundation.



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Dr. Riley with Chuck and Joanne Thiemann

appointment.

"He came into the clinic, spring in his step, truly unbelievable. His depression was completely alleviated, meaning it was mostly due to his heart disease. He had improved to the point where his wife told me, 'He is almost too active now! What am I supposed to do with him?" says Dr. Riley.

The experience was so life-changing that Chuck made a generous gift to The Christ Hospital to further develop, expand, and enhance the CHIP Program through clinical education and patient awareness.

"I can't say enough about the procedure and what Dr. Riley and the heart team did for me. I want other people to benefit. It saved my life. It's that simple."

To support The Christ Hospital Heart and Vascular Program, contact Dianne Fisk, Director of Development, at 513-585-0881, or Dianne.Fisk@TheChristHospital.com



Unmasking the Future of Cancer Care A Masquerade Gala

Recognizing Dr. William Schreiner

PROCEEDS TO BENEFIT The Christ Hospital's Cancer Program, bringing new hope to patients and families.

SATURDAY, OCTOBER 27, 2018 6:30 PM

THE DUKE ENERGY CONVENTION CENTER

MOONLIGHT MASOUERADE PARTY FOLLOWING THE GALA FEATURING LIVE MUSIC BY THE PARTY CRASHERS, A NATIONALLY RECOGNIZED BAND

For more information, please contact us at 513-585-2904 or visit TheChristHospital.com/Gala

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The James E. Bushman Scholarship Helps **Nursing Students Achieve Excellence**

The Christ College of Nursing & Health Sciences celebrated Jim and Barbara Bushman for their generous donation to establish The James E. Bushman Scholarship to help students pursue and achieve their dreams of becoming nurses. Dietra Goodwin (pictured with Barbara Bushman) was among the recipients of the scholarship this year.

The gift was made in honor of Jim, who recently passed away, and his 22 years of service on the boards of The Christ Hospital and the Elizabeth Gamble Deaconess Home Association.

> "A scholarship made it possible for Jim to go to college, and our gift is a way to 'pay it forward' so that others can do the

was there when the College broke ground on the current site next to the hospital, and today, we continue to see it thrive. We hope our gift helps nursing students and inspires others to give, too," says Barbara.

Barbara, who serves on The Christ Hospital Foundation board, has also given generously of her time and talents to the hospital's mission and vision, and to the community. She has served on the boards of many organizations. Jim and Barbara are past recipients of numerous community awards recognizing their volunteerism and philanthropic support.

same. Jim

Foundation Guild Raises \$35,000 at Off The Wall Event

The Christ Hospital Foundation Guild's 2018 Off the Wall event was a great success, raising \$35,000 for patient assistance needs in the Cancer Program. Funds will provide vouchers to those without reliable access to treatment and follow-up appointments, as well as nutritional supplements for those experiencing difficulty tolerating certain foods.

Guests at the event enjoyed an evening of drinks, dinner-by-the bite, and a fun art lottery where they selected art 'off the wall' such as paintings, pottery, and jewelry, all donated by local artists.

"We cannot thank the Guild enough for giving so generously of their time and talents to organize this event, the artists who donated their works, and everyone who came to support our program," says Michael Quaranta, Executive Director of the Oncology Service Line. "Every bit of support helps make the cancer journey easier for patients and families."

If you were unable to attend the event, but would still like to help, go to www.TheChristHospital.com/Donate and choose "Off the Wall" from the gift designation options.

"We are deeply grateful to the Bushman family for their generosity to this great institution," says Rick Kammerer, President of The Christ Hospital Foundation. "The James E.

To support scholarships at The Christ College of Nursing and Health Sciences, contact Heather Sherwood, Director of Development, at 513-585-0359, or Heather.Sherwood@TheChristHospital.com

> Bushman Scholarship provides the college flexibility in providing deserving students that extra financial support towards the end of their nursing program that will enable many more to finish and become outstanding nurses in the future."

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Raymond Rost, M.D.



Raymond Rost, M.D. has been a key physician leader at The Christ Hospital for more than 30 years.

A specialist in Diagnostic Radiology, Dr. Rost is currently the Medical Director of the Comprehensive Breast Centers in Mt. Auburn and Montgomery. Over the years, he has been the President of Medical Staff and the Medical Director of Radiology, and has served on numerous committees at the hospital.

Dr. Rost joined The Christ Hospital Foundation Board in 2015, and has given greatly of his time and support to help advocate and raise funds for numerous programs benefitting patients and families. For eight consecutive years, Dr. Rost has been rated one of the Top Diagnostic Radiologists in the region by physician peers in Cincinnati Magazine. He and his wife, Susan, have three sons.

GO GREEN



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It's an easy way to help us save paper, reduce expenses, and put more money towards exceptional patient care. Go to www.TheChristHospital.com/foundation and sign up today!



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MESSAGE FROM THE PRESIDENT



This edition of Grateful Giving includes a special focus on Women's Services at The Christ Hospital, and our vision to expand upon services that directly address the needs of the community, and change women's lives for the better.

The Christ Hospital has a rich history of ensuring that women's healthcare needs are met with compassion and excellence. Today, our women's health experts

provide the region's most comprehensive clinical and wellness services for women of all ages, helping them get healthy, heal quickly, and live longer.

Philanthropic investment in Women's Services at The Christ Hospital is crucial to providing exceptional care for patients and families today, and tomorrow. Generous donors like you are key to helping expand and enhance vital services in areas such as maternity care and childbirth, breast health, and women's surgery.

We invite you to join us in ensuring exceptional healthcare for women by donating to Women's Services at The Christ Hospital. Your support is important, and will make a meaningful impact lives, empowering women throughout their healthcare journey.

Gratefully,

hilu D. Kanneren

Richard F. Kammerer, President