

Patient Name _____ **Date of Birth** _____

Medical History No history of medical conditions

- | | | |
|---|---|--|
| <input type="checkbox"/> Alcohol/Drug abuse | <input type="checkbox"/> Chronic rashes | <input type="checkbox"/> Skin cancer |
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Circulation problems | <input type="checkbox"/> Stomach ulcer |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Colitis/bowel disease | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Congestive heart failure | <input type="checkbox"/> Thyroid disease |
| <input type="checkbox"/> Arthritis/gout | <input type="checkbox"/> Depression | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Urinary tract infection |
| <input type="checkbox"/> Bladder cancer | <input type="checkbox"/> Emphysema/COPD | <input type="checkbox"/> Viral hepatitis |
| <input type="checkbox"/> Blood clots | <input type="checkbox"/> Epilepsy/seizures | Please list any other: |
| <input type="checkbox"/> Blood transfusion | <input type="checkbox"/> Glaucoma | _____ |
| <input type="checkbox"/> BRCA 1 / 2 | <input type="checkbox"/> Heart attack | _____ |
| <input type="checkbox"/> Breast cancer | <input type="checkbox"/> Heart disease | _____ |
| <input type="checkbox"/> Breast problems | <input type="checkbox"/> Heart murmur | _____ |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Heartburn/GERD | _____ |
| <input type="checkbox"/> Cataract | <input type="checkbox"/> High blood pressure | _____ |
| <input type="checkbox"/> Cervical cancer | <input type="checkbox"/> HIV/AIDS | _____ |

Rheumatologic (Arthritis) History

Do you know of any blood relative who has or had (check and give relationship):

- | | | |
|---|---|---|
| <input type="checkbox"/> Arthritis _____ | <input type="checkbox"/> Childhood Arthritis _____ | <input type="checkbox"/> Ankylosing Spondylitis _____ |
| <input type="checkbox"/> Osteoarthritis _____ | <input type="checkbox"/> Lupus or "SLE" _____ | <input type="checkbox"/> Osteoporosis _____ |
| <input type="checkbox"/> Gout _____ | <input type="checkbox"/> Rheumatoid Arthritis _____ | <input type="checkbox"/> Other _____ |

Medications

Please list both prescription and non-prescription medications you are currently taking:

Medication	Dose	Times/day	Medication	Dose	Times/day
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

Have you participated in any clinical trials for new medications? Yes No

If yes, list: _____

Allergies

Do you have any drug or environmental allergies? No Yes If YES, please list below and describe reaction.

- _____ Reaction: _____
- _____ Reaction: _____
- _____ Reaction: _____
- _____ Reaction: _____

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As you review the following list, please check any of those problems, which have significantly affected you.

Date of last mammogram _____ Date of last eye exam _____ Date of last chest x-ray _____

Date of last Tuberculosis test _____ Date of last bone densitometry _____

Symptoms (Please check all that apply)

Constitutional

- Recent weight gain amount _____
- Recent weight loss amount _____
- Fatigue
- Weakness
- Fever

Eyes

- Pain
- Redness
- Loss of vision
- Double or blurred vision
- Dryness
- Feels like something in eye
- Itching eyes

Ears–Nose–Mouth–Throat

- Ringing in ears
- Loss of hearing
- Nosebleeds
- Loss of smell
- Dryness in nose
- Runny nose
- Sore tongue
- Bleeding gums
- Sores in mouth
- Loss of taste
- Dryness of mouth
- Frequent sore throats
- Hoarseness
- Difficulty in swallowing

Cardiovascular

- Pain in chest
- Irregular heart beat
- Sudden changes in heart beat
- High blood pressure
- Heart murmurs

Respiratory

- Shortness of breath
- Difficulty in breathing at night
- Swollen legs or feet
- Cough
- Coughing of blood
- Wheezing (asthma)

Gastrointestinal

- Nausea
- Vomiting of blood or coffee ground material
- Stomach pain relieved by food or milk
- Jaundice
- Increasing constipation
- Diarrhea
- Blood in stools
- Black stools
- Heartburn

Genitourinary

- Difficult urination
- Pain or burning on urination
- Blood in urine
- Cloudy, “smoky” urine
- Pus in urine
- Discharge from penis/vagina
- Getting up at night to pass urine
- Vaginal dryness
- Rash/ulcers
- Sexual difficulties
- Prostate trouble

For Women Only:

- Age when periods began: _____
- Periods regular? Yes No
- How many days apart? _____
- Date of last period? _____
- Date of last pap? _____
- Bleeding after menopause? Yes No
- Number of pregnancies? _____
- Number of miscarriages? _____

Musculoskeletal

- Morning stiffness
Lasting how long?
_____ Minutes
_____ Hours
- Joint pain
- Muscle weakness
- Muscle tenderness
- Joint swelling
List joints affected in the last 6 mos.

Integumentary (skin and/or breast)

- Easy bruising
- Redness
- Rash
- Hives
- Sun sensitive (sun allergy)
- Tightness
- Nodules/bumps
- Hair loss
- Color changes of hands or feet in the cold

Neurological System

- Headaches
- Dizziness
- Fainting
- Muscle spasm
- Loss of consciousness
- Sensitivity or pain of hands and/or feet
- Memory loss
- Night sweats

Psychiatric

- Excessive worries
- Anxiety
- Easily losing temper
- Depression
- Agitation
- Difficulty falling asleep
- Difficulty staying asleep

Endocrine

- Excessive thirst

Hematologic/Lymphatic

- Swollen glands
- Tender glands
- Anemia
- Bleeding tendency
- Transfusion/when

Allergic/Immunologic

- Frequent sneezing
- Increased susceptibility to infection

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Surgeries

- No Surgical History Mastectomy Appendectomy Hysterectomy
- C-Section Abdominal surgery Joint replacement Sterilization
- Breast biopsy Hernia repair Cosmetic surgery Other _____
- Broken bones/fractures Gall bladder removal Colon removal _____
- CABG/Heart Bypass Tonsillectomy Brain _____

Family Medical History – Please list relationship of family members who have/had any of the following conditions.

- Cancer _____ Seizures _____ High Blood Pressure _____
- Asthma _____ Migraines _____ Thyroid Disease _____
- Stroke _____ Heart Problems _____ Clotting Disorder _____
- HIV/AIDS _____ High Cholesterol _____ Alcoholism _____
- Diabetes _____ Skin Problems _____
- Arthritis _____ Kidney Disease _____

Social History

- Do you drink alcohol? No Yes If YES, how many drinks per week? _____
- Do you use tobacco? No Yes Cigarettes pks/day _____ eCigarettes Cigars Pipe
- Do you currently use smokeless tobacco? No Yes Have you ever used smokeless tobacco? No Yes
- Do you currently use recreational drugs? No Yes I prefer to discuss with the physician
- Are you sexually active? No Yes Are you using contraceptives? No Yes

Activities of Daily Living

- Do you have stairs to climb? Yes No If yes, how many? _____
- How many people in household? _____ Relationship and age of each _____
- Who does most of the housework? _____ Who does most of the shopping? _____
- Who does most of the yard work? _____

On the scale below, circle a number which best describes your situation; *Most of the time, I function...*

- | | | | | |
|-------------|--------|----|------|-----------|
| 1 | 2 | 3 | 4 | 5 |
| Very Poorly | Poorly | OK | Well | Very Well |

Because of health problems, do you have difficulty (please check the appropriate response for each question)

	Usually	Sometimes	No
Using your hands to grasp small objects? (buttons, toothbrush, pencil, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Walking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Climbing stairs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Descending stairs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sitting Down	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Getting up from chair	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Touching your feet while seated	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reaching behind your back	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reaching behind your head	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dressing yourself	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Going to sleep	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Staying asleep due to pain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Obtaining restful sleep	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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Activities of Daily Living (continued)

- Bathing
- Eating
- Working
- Getting along with family members
- In your sexual relationship
- Engaging in leisure time activities
- With morning stiffness
- Do you use a cane, crutches, a walker or a wheelchair (circle one)
- What is the hardest thing for you to do? _____

- Are you receiving disability? Yes No
- Are you applying for disability? Yes No
- Do you have a medically related lawsuit pending? Yes No

Referred here by: Self Family Friend Doctor Other Health Professional

Name of physician providing your primary medical care _____

Do you have an orthopedic surgeon? Yes No If yes, name: _____

Describe briefly your present symptoms: _____

Date symptoms began (approx.): _____

Diagnosis: _____

Previous treatment for this problem (include physical therapy, surgery and injections; medications to be listed later)

Please shade all the locations of your pain **over the past week** on the **body figures and hands**.

Example:

LEFT RIGHT LEFT RIGHT

LEFT RIGHT

Adapted from CLINHAQ, Wolfe F and Pincus T. Current Comment – Listening to the patient – A practical guide to self report questionnaires in clinical care. Arthritis Rheum. 1999;42 (9):1797-808. Used by permission.

Please list the names of other practitioners you have seen for this problem: _____

Patient's Name _____ Date _____ Physician Initials _____ Date _____