

## **4TH ANNUAL**

## **WOMEN'S CARDIOVASCULAR SYMPOSIUM**

Friday, October 3, 2025

The Summit Hotel | 5345 Medpace Way, Cincinnati, OH 45227

JOIN US for an exciting program featuring renowned experts from across the country to address knowledge gaps of cardiovascular disease in women.

	AGENDA	
7:00am – 8:00am	Registration, Breakfast, and Networking Exhibit and Poster Session Viewing	
8:00am – 8:30am	Welcome and Opening Remarks	Dr. Odayme Quesada
	Keynote Address: Cardiovascular Disease in Women	Dr. Malissa Wood
8:30am – 10:15am	Sex Differences in Cardiovascular Disease Risk Factors	Dr. Laxmi Mehta
	Managing Migraines Based on Sex Differences	Dr. Hope O'Brien
	Cardiovascular Disease and Menopause	Dr. Emily Lau
	Debate and Panel Q&A Discussion: Session Chair	Dr. Shree Lata Radhakrishnan
10:15am – 11:50am	Cardiometabolic Health	Dr. Colleen Harrington
	Cardio-Obstetrics	Dr. Jennifer Lewey
	Social Determinants of Health in Cardiovascular Disease	Dr. Jennifer Mieres
	Debate: GLP1 For All Obese Cardiac Patients?	Dr. Jennifer Wittwer
		and Dr. Kim Williams, Sr.
	Panel Q&A Discussion: Session Chair	Dr. Nandita Scott
12:00pm – 12:30pm	Poster Session & Exhibitor Networking	
12:30pm – 1:30pm	Networking Lunch	
1:30pm – 1:55pm	Keynote Address: Sex Differences and Disparities in Women's Cardiovascular Disease, Focus on Heart Failure	Dr. Modele Ogunniyi
1:55pm – 3:05pm	Angina with Non-Obstructive Coronary Disease	Dr. Odayme Quesada
	Spontaneous Coronary Artery Dissection	Dr. Esther Kim
	Cases Presentation	Dr. Ayushi Mohan
	cases i resentation	Dr. Andreas Tzoumas
	Panel Q&A Discussion: Session Chair	Dr. Timothy D. Henry
3:20pm – 4:50pm	Cardiovascular Disease and Nutrition	Dr. Kim Williams, Sr.
	Cardiovascular Disease and Exercise	Dr. Martha Gulati Dr.
	Mindfulness (Mental Health) and Heart Disease	Jennifer Sumner
	A Patient Story	Lorraine Becker
	Panel Q&A Discussion: Session Chair	Dr. Maria Espinola
4:50pm – 5:00pm	Poster Session Awards and Closing Remarks	Dr. Odayme Quesada
		Dr. Nandita Scott
5:00pm – 6:00pm	Networking Social	







**Abstract Submissions:** Submit abstracts for the Poster Session at **TheChristHospital.com/WCS**.

INQUIRIES? Contact WHC@TheChristHospital.com

**CME:** The Christ Hospital Health Network is accredited by the Ohio State Medical Association (OSMA) to provide continuing medical education for physicians. The Christ Hospital Health Network designates this symposium for a maximum of **6.75 AMA PRA Category 1 Credit(s)**™.



