



*Welcome*

Fall 2022

We are honored that you have chosen us as your health care provider. Our goal is to provide the highest quality of care to you and your family!

### Practice Updates

Welcome to our practice MA, Olivia Jones! We're happy you're here!

### Get your flu shot on the spot!

Even if you've never had the flu before, it's best to get your flu shot every flu season to protect yourself and others. With COVID-19 with us for another flu season, annual flu vaccination is even more important.

The flu is a contagious respiratory illness caused by the influenza virus. Even the healthiest of people who come down with the flu can be sick for two weeks or longer. It can cause pneumonia or aggravate an existing chronic disease, and serious cases can lead to a hospital stay or even death.

The Advisory Committee on Immunization Practices recommends that everyone over the age of six months get vaccinated against the flu every year, with rare exception. The vaccine is especially important for infants, children, the elderly and people with certain chronic diseases, these groups are at high risk for flu-related complications.

Schedule an appointment online with a primary care physician to talk about vaccinations for your family or visit one of our Urgent Care Centers.



### October is Breast Cancer Awareness Month!

October is Breast Cancer Awareness Month, but it's an important topic year-round. Breast cancer is one of the most common forms of cancer in women, but thanks to earlier detection, better treatments, and ongoing clinical research, more women are becoming breast cancer survivors every year.

In celebration of all breast cancer survivors and to raise awareness of screening and treatment options. Online scheduling makes it easier than ever to book your appointment at one of our seven convenient locations throughout the Greater Cincinnati. **Schedule your screening today!** [www.thechristhospital.com/services/womens-health/your-care-and-treatment/breast-health/online-scheduling](http://www.thechristhospital.com/services/womens-health/your-care-and-treatment/breast-health/online-scheduling).

You can also call us at **513-323-6312** to schedule an appointment.



## November is American Diabetes Month!

National Diabetes Month is an annual event each November to boost awareness about the risk factors, symptoms, and types of diabetes. More than 34 million Americans have diabetes and approximately one in three people in the United States are at a high risk of developing type 2 diabetes.

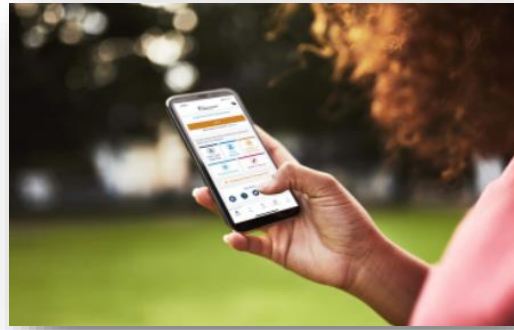
We understand that your time is valuable. Our outpatient services are offered in six convenient locations throughout Greater Cincinnati—including Liberty Township, Red Bank, Anderson, Milford, Green Township and Ft. Wright—to give you access to the care you need when you need it.

Most of our locations feature on-site certified diabetes educators who are available to share up-to-date diabetes self-management tools, nutrition information and fitness techniques to help you gain control of your health.



## 24/7 Video Visits

Accessing care for common conditions like colds, coughs and rashes is now easier than ever with 24/7 Video Visits. See a provider through a computer or mobile device, on demand. 24/7 Video Visits are affordable, fast, and no appointment or previous visit with our network is required. Learn more by visiting our website: [thechristhospitalvideovisits.com](https://thechristhospitalvideovisits.com)



## Mobile App & MyChart

The Patient Portal helps you stay connected, access care, manage appointments, and more! You can access your portal in two ways.

The Christ Hospital Mobile App is custom built for your smartphone or tablet. It's easy to use and offers bonus features, like on-demand video visits.

MyChart for Desktop provides a classic interface for those who prefer to manage their care on a computer.

**Accessing Care:** Visit our practice website for additional information & options for online scheduling:  
[www.thechristhospital.com/services/primary-care/practice-locations/](https://www.thechristhospital.com/services/primary-care/practice-locations/)