

# WELLNESS **YOU** UNIVERSITY



**Learn how to transform  
into the best YOU!**

**Join us for an 8 week Wellness Series**  
Presented by The Christ Hospital Oncology Services



**FALL:**  
September through November



**WINTER:**  
January through March



**SPRING :**  
March through May



**SUMMER:**  
June through August



**IT'S TIME TO  
PUT YOU  
AT THE TOP  
OF THE LIST!**

**Offered in-person at  
the Mount Auburn  
location and virtually.**



**SPACE IS LIMITED.**  
Request information from your provider or call  
the Oncology Dietitians at **513-585-4250** to join.

