

Grateful GING

The Christ Hospital Foundation



Donors Invest in Nursing Talent to Transform Cardiovascular Care



Julie and Frederic Holzberger Give \$500,000 to Support Cardiovascular Nurses

The Holzberger's donation will enable the hospital to recruit, support, and retain premier cardiac care nurses whose contributions advance clinical excellence and patient experience. It will also provide the means for talented nurses to enhance their expertise in the form of ongoing education in complex cardiovascular procedures and treatments.

The donation was inspired by the impactful leadership of Dr. Dean Kereiakes, Medical Director of the Heart and Vascular Center and Executive Director of The Christ Hospital Lindner Research Center.

"It is an honor to have the Holzberger's support as we continue to push the boundaries of cardiovascular innovation in a rapidly evolving healthcare environment," says Dr. Kereiakes. "The Christ Hospital is known for providing the latest heart treatments and surgical techniques, all of which require the highest levels of expertise and technology. This gift will enable nurses to harness the power of the most advanced technologies to transform the way in which heart care is delivered."

Frederic and Julie developed the Aveda Fredric's Institutes in Cincinnati and Indianapolis, and support various educational and social services initiatives throughout the region. "The Christ Hospital has one of the best heart programs and best clinicians in the country," says Frederic Holzberger. "We hope that our gift helps fortify the hospital's efforts to recruit and retain top-tier cardiovascular nurses so that it can continue to expand services and accelerate progress in heart care."

"Frederic and I feel that we have made the most profound investment in The Christ Hospital," says Julie. "We see our gift as a way to help foster the continued development of talented cardiovascular nurses who, in turn, make such an incredible difference in people's lives."

The Christ Hospital Foundation has established *The Julie and Frederic Holzberger Cardiovascular Nursing Excellence Fund*, and is committed to growing the fund to maximize the couple's gift and make a meaningful impact on nursing care.

"We are extremely grateful for Julie and Frederic's generous investment in, and passionate advocacy of our nurses," says Arturo Polizzi, President and CEO of The Christ Hospital Health Network. "Through their gift, the vast and intricate heart care needs of patients will continue to be met with compassion and excellence."

Cover photo (*from left to right*): Debbie Hayes, Vice President and Chief Operating Officer, The Christ Hospital Health Network; Dr. Dean Kereiakes, Executive Director, The Christ Hospital Lindner Research Center; Frederic and Julie Holzberger, Founders of Aveda Fredric's Institute; Arturo Polizzi, President and CEO, The Christ Hospital Health Network; Julie Holt, Vice President and Chief Nursing Officer, The Christ Hospital Health Network

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Support for Novel Heart Therapy Makes a Lasting Impact

In 2015, Dr. Chuck Abbottsmith made a generous donation to Enhanced External Counterpulsation (EECP) therapy in The Christ Hospital Heart and Vascular Program. EECP is a safe, non-invasive therapy used to treat coronary artery disease and heart failure, as well as manage or eliminate angina, fatigue, and shortness of breath.

"EECP plays a key role in the treatment of patients with ongoing symptoms despite bypass surgery and stenting, and is a beneficial option for patients who cannot undergo surgery," says Dr. Timothy Henry, Distinguished Chair of Clinical Research and Medical Director of The Christ Hospital Lindner Research Center.

During EECP therapy, patients lie on a bed with compression cuffs placed on their calves, thighs, and hips that inflate and deflate in sync with their heartbeat. The squeezing mechanism promotes circulation and improves blood flow to the heart. At The Christ Hospital, EECP therapy is provided for one hour, five times per week, over the course of seven weeks, and has been shown to increase energy, reduce the need for medications, and improve quality of life.

"EECP has a 75-80% success rate, and the benefit lasts up to five years," says Dr. Abbottsmith. "Patients often tell us that the treatment has given them their lives back."

Over the past four years, more than 200 patients have benefitted from EECP thanks to Dr. Abbottsmith's donation.



Melinda Botkin, EECP patient and Julie Turner, EECP

"Everyone on the EECP team is wonderful and cares very much about my health," says Melinda. "The Christ Hospital always has the best treatments, and I am hopeful about my results"

"The EECP team at The Christ Hospital treats me like family and are very dedicated to improving my health," says Mark.



Mark Soberano, EECP patient and Doris Osborne, EECP Coordinator

Donations to the Heart and Vascular Program provide a necessary resource for innovative, life-saving treatment options, clinical research, and patient assistance.

GIVE TODAY AND MAKE A DIFFERENCE.

THECHRISTHOSPITAL.COM/GIVE



The first Doctors' Day was held on March 30, 1933 in Winder, Georgia. March 30th was selected because it is the anniversary of the first use of general anesthesia in surgery in 1842. In celebration of National Doctors' Day, The Christ Hospital Foundation invited patients and families to recognize their favorite physician. More than 150 shared their stories of gratitude, compassion, and healing, some of which are highlighted on the right.

In appreciation of Dr. John M. Roberts "After almost a decade of dealing with increasing and debilitating back pain, Dr. John Roberts diagnosed and performed extensive surgery on my back that helped me regain the ability to live my life more fully. I am forever grateful for his care and professionalism."

In appreciation of Dr. John F. Benedict "Dr. Benedict is the epitome of what every doctor should strive to be. He is so compassionate and truly cares for his patients."

In appreciation of Dr. Rick Stamler "Words cannot express the gratitude I have for Dr. Stamler. His gentle understanding and support brought me through a life-threatening cancer diagnosis. I continue to depend upon his reassurance with my routine check-ups."

In appreciation of Dr. Maria F. Burton "I cannot say enough about this wonderful person named Dr. Maria Burton. My health issues are complicated, however, Dr. Burton has been a consistent physician who has never given up on me."

GALAPROCEEDS are Making a Difference in Cancer Care

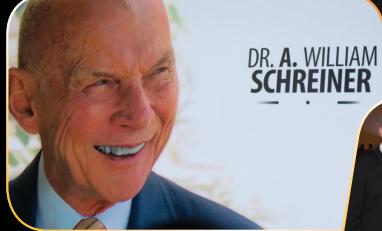
The Christ Hospital Gala, *Unmasking the Future* of Cancer Care, brought more than 1,200 people together to celebrate and support innovative, personalized cancer care throughout the Health Network. The evening's program honored William Schreiner, III, MD, for his pioneering vision in establishing the Internal Medicine and Residency Program and contributions to the hospital.

Individual donations and numerous sponsorships, including presenting sponsor, Ohio National Financial Services, and after-party sponsor, Jostin Construction, totaled more than \$660,000.

Funds have been used to provide leading-edge equipment, technology, and patient assistance to improve health and survival of cancer.



Doc Huffman, Chairman and CEO of Ohio National Financial Services - Presenting Sponsor; Vickie Buyniski Gluckman, Chair of The Christ Hospital Foundation Board



Dr. A. William Schreiner, Honoree



Jack Geiger, Founder of Ene, LLC; Kay Geiger, President of PNC Bank of Greater Cincinnati and Northern Kentucky; Rick Kammerer, President of The Christ Hospital Foundation



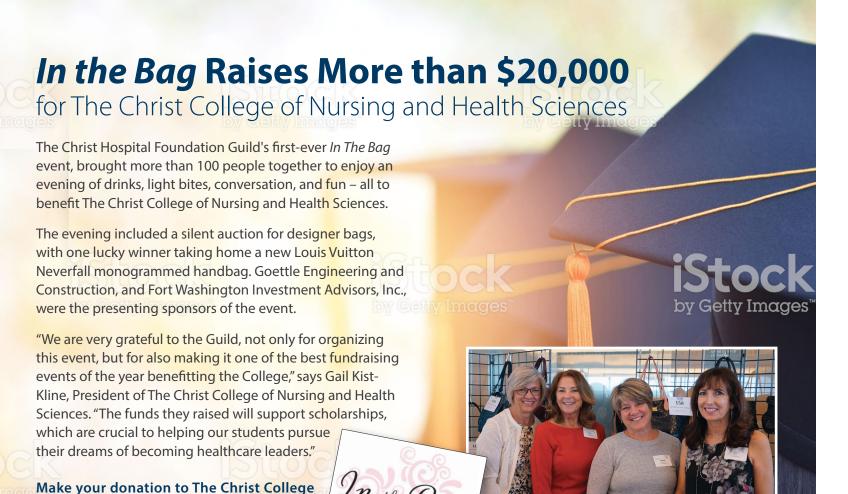




Jostin Construction – After-Party Sponsor



Dr. Brian Mannion, Medical Oncologist and Dr. Jennifer Manders, Surgical Oncologist



Donations Fund *Hercules Patient Repositioner*™ Mattresses

for Inpatient Cancer Unit

Exceptional care from the region's most talented, compassionate nurses has inspired numerous individuals and families to give to The Christ Hospital Cancer Program. Funds totaling \$200,000 from employees, physicians, grateful patients, and a portion of the hospital's 2018 Gala proceeds were recently used to purchase **Hercules Patient Repositioner™** mattresses for the hospital's Inpatient Cancer Unit.

Designed to help nurses move and lift patients from their beds, **Hercules Patient Repositioner**™ mattresses have been shown to improve patient satisfaction and reduce injuries to staff. At the touch of a button, a sheet rolls like a conveyer belt to the top of the bed, lifting the patient upright.

"The staff are extremely grateful for the generous donations that made all of this possible," says Brittany Prather, Clinical Nurse Manager at The Christ Hospital. "These mattresses not only provide a more comfortable experience for our patients, but also protect their dignity with repositioning. Furthermore, the mattresses benefit the caregiver with its ability to improve proper body mechanics and overall care efficiency."

BENEFITS TO PATIENTS

- Reduces the friction that can cause skin tears since the patient moves with the sheet
- Provides smooth and comfortable repositionings
- Protects the patient's dignity by reducing the feelings of helplessness and embarrassment
- Improves the overall patient experience

BENEFITS TO NURSES AND STAFF

- Saves times
- Faster response to patient
- Patient repositioning in 10 seconds, with just the push of a button
- Nurses can handle patient repositioning without seeking additional help
- Helps eliminate injuries

Join The Christ Hospital Foundation Guild

of Nursing and Health Sciences today.

TheChristHospital.com/Give

JOIN CARING, CREATIVE AND CONFIDENT WOMEN AS THEY MAKE A DIFFERENCE IN OUR COMMUNITY!

The Christ Hospital Foundation Guild is a group of women who volunteer their time and talent in order to improve healthcare in the community. Their role, first and foremost, is to have fun. They like to engage in projects they can get excited about, and plan awesome fundraising events, having a blast along the way!

Join the Guild and be as engaged as your time allows. They have quarterly meetings to share ideas about fundraising projects – take on a leadership role for one of their events if that excites you!

Why do they do it? They care about our community, our families, and being part of a group that is transforming the way healthcare is delivered. They know that exceptional treatment options can make all the difference in your quality of life.

For more information, visit www.TheChristHospital.com/Guild



Hutson, MeMe Rebholz, Jean Klank

tured left to

Mary Beth Donelan, Karyn

Pictured left to right: Becky Hildebrant, Kim Hartman, Connie Maccarone, Karyn Hutson



The Christ Hospital Inpatient Cancer Unit Clinical Team

Foundation Board **SPOTLIGHT**



Joyce Ferrell, RN, MEd

Joyce Ferrell graduated from The Christ Hospital School of Nursing (now The Christ College of Nursing and Health Sciences) in 1962, and began her nursing career at The Christ Hospital, where she served as a Staff RN, Head Nurse, Nursing Director, and Assistant Vice President of Nursing. She obtained her Master of Education from Xavier University in 1984, and in 1991, she become Vice President of Clinical Services and Emergency Care at Middletown Regional Hospital. She was recruited by Hospice of Dayton to lead them in gaining their first Joint Commission Accreditation and served there as Vice President Clinical Services and Quality Improvement until her retirement in 2007.

In 2015, Joyce joined The Christ Hospital Foundation Board, and gives generously of her time and support to help raise funds and advocate for the hospital and The Christ College of Nursing and Health Sciences. Joyce, now a widow, cares for her rescued Belgian draft horse and companion donkey at her 12 acre home north of Cincinnati. She enjoys gardening, golfing, and writing "real life" poems about people and occurrences in her life. She is excited that her first children's book, Daisy's Adventure, will be published in the next few months.



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SIGN UP TODAY AT

www.TheChristHospital.com/foundation



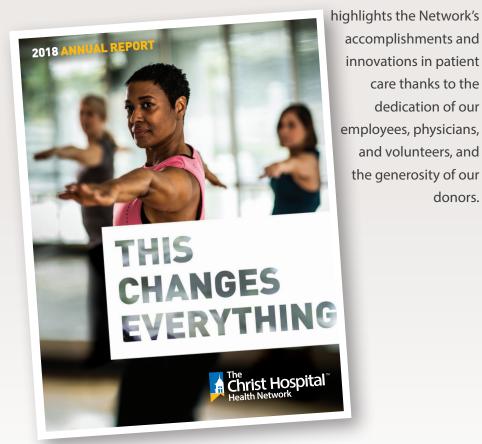
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care thanks to the

dedication of our

donors.

THE CHRIST HOSPITAL HEALTH NETWORK'S **2018 ANNUAL REPORT**



READ THE REPORT ONLINE AT

WWW.THECHRISTHOSPITALCR.COM