

About The Christ Hospital Birthing Center

WITH MORE THAN 120 YEARS OF MATERNITY CARE EXPERIENCE, THE CHRIST HOSPITAL BIRTHING CENTER HAS A LONG STANDING TRADITION OF PROVIDING EXCEPTIONAL MATERNITY SERVICES TO WOMEN IN THE GREATER CINCINNATI COMMUNITY. OUR BIRTHING CENTER, WHICH CONSISTS OF OUR LABOR AND DELIVERY, POSTPARTUM AND SPECIAL CARE NURSERY (SCN) UNITS, HAS TAILORED THE BIRTHING EXPERIENCE TO THE NEEDS OF EACH PATIENT BY OFFERING CUSTOM SERVICES AND AMENITIES SUCH AS:

- Gentle C-Section
- Feng shui birthing suite
- Hydrotherapy
- Interactive television system with on-demand movies, educational channels and Internet access
- Room-service style nutrition services
- Postpartum rooms with relaxing design
- Expanded Level II Special Care Nursery
- A new triage area for evaluation
- Seven days a week lactation services
- Lactation boutique

Pre-registration

To pre-register for your delivery, please call **513-585-0700**. Pre-registering makes the admitting process run much smoother. It also allows us to provide services faster, such as pain medication, because we already have the information we need. Billing is less complicated when you pre-register, too! When you call, we will request your due date, the name of your obstetrician and your insurance information.

How to find us

FROM THE NORTH (I-75 SOUTH):

- Take I-75 South to Exit 7, OH-562/Norwood (Norwood Lateral).
- Take OH-562 to the exit onto I-71 South toward Cincinnati.
- Take I-71 South to Exit 3, Taft Rd. Continue on Taft Rd. (a one-way street).
- At the fifth traffic light, turn left onto Auburn Avenue.
- Turn right onto Huntington Place and follow to end. Turn right at stop sign and then left into the P3 parking garage. Park near the northeast side of the garage. Take elevator to Level A.

FROM THE SOUTH (I-71/75 NORTH):

- Take I-71/75 North to I-71 North.
- Follow signs to continue onto I-71 North.
- Stay left and take Exit 2 for Reading Rd./Eden Park Dr.
- On the ramp, stay to the right at the fork and follow signs to Eden Park Dr./Dorchester Ave.
- At the traffic light, turn left onto Dorchester Ave.
- At the top of the hill, turn right onto Auburn Ave.
- Turn left onto Huntington Place and follow to end. Turn right at stop sign and then left into the P3 parking garage. Park near the northeast side of the garage. Take elevator to Level A.

FROM DOWNTOWN CINCINNATI (MAIN/ELM/VINE):

- Take Main, Vine or Elm north.
- Turn right onto Liberty St.
- Turn left onto Sycamore St.
- At top of the hill, take a slight left to continue onto Auburn Ave.
- Turn left onto Huntington Place and follow to end. Turn right at stop sign and then left into the P3 parking garage. Park near the northeast side of the garage. Take elevator to Level A. Additional parking is available in the P1 parking lot, located on the corner of Auburn Avenue and Huntington Place.

For more directions, please visit TheChristHospital.com/locations.



The Christ Hospital Health Network

CHILDBIRTH EDUCATION



CONGRATULATIONS!

You and your family are about to embark on an experience of a lifetime...the birth of a baby. From the moment you learned of this special event, you've been planning every step of the way. To help make your birthing experience everything you and your family have hoped for, The Christ Hospital has designed educational programs and birthing options to meet your every need.

We would like to extend our warmest welcome and we trust that your experience at The Christ Hospital will be all that you expect and deserve. From labor and delivery to recovery and postpartum, we are honored to be a part of your special day. The following information is offered to help your family prepare for your new arrival.

Sincerely,



Dr. Elbert Nelson
Director of The Christ Hospital Birthing Center
The Christ Hospital
Birthing Center Team



Classes Offered

Baby Care Basics (2 hours)	\$15
Breastfeeding (2 hours)	\$15
Lamaze Five-Week Series (2 hours each class)	\$70
Prepared Childbirth One-Day Course (5 hours)	\$50
Natural Childbirth (4 hours)	\$40
Save-A-Baby (2 hours) <i>Learn Infant and child CPR and choking rescue procedures</i>	\$25
Sibling Class (1.5 hours)	\$10 one sibling, \$15 for two or more siblings
Curious Couples Tour – Free	

Take this opportunity to tour the Birthing Center, including labor and delivery, postpartum rooms and the nursery. You and your partner may also participate in a question-and-answer session. This class is included in the Lamaze series, Natural Childbirth, Sibling and Prepared childbirth one-day course.

Call **585-HUGS (4847)** or visit TheChristHospital.com/childbirthed to reserve space in any of the classes offered.

Important Details Regarding Childbirth Education Classes

Thank you for choosing The Christ Hospital. We look forward to seeing you in class!

1. Classes are held at The Christ Hospital, in the classrooms and auditorium, located on A-level near the cafeteria.
2. Please try to arrive 10 minutes before your class is scheduled to begin.
3. With the exception of the sibling class, no children are allowed in the childbirth education classes or on the Curious Couples Tour. This will allow for fewer distractions and more in-depth discussions with your childbirth educators.
4. If you are registered for the Lamaze Five-Week Series, wear comfortable pants, bring two pillows and a blanket to class.
5. For classes lasting five hours, you may want to bring a lunch or visit Au Bon Pain in the main lobby or Bistro 1889 on A-level. Both offer a wide variety of fresh salads, soups, sandwiches, entrees, coffees, breads and pastries.
6. For sibling classes, please bring a doll or teddy bear for each child who is registered. Remember, this is the only class that children are permitted to attend.
7. If you need to cancel your class, please call **513-585-HUGS (4847)**. We thank you for your consideration in this matter. In case of bad weather, please call **513-585-HUGS (4847)** or the hospital operator at **513-585-2000**.